

SESSION	OBJECTIVES (The children will:)	READINGS	FAMILY ACTIVITY	SYMBOLS & MATERIALS	HANDOUTS
1 I Belong to a Loving Community	<ul style="list-style-type: none"> recognize they belong to the Church. recognize that we share faith in Jesus. recognize that Baptism, Confirmation, and Eucharist are Sacraments of Initiation. appreciate their own Baptisms. 	Baptism: John 3: 1-17	Work on Session # 1 <ul style="list-style-type: none"> Write name of the children on paper. Baptism pictures Review the Gifts of the Spirit Family Time poster (reflect on #1—Spirit of Wisdom). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Bible in every session Sign of the Cross Handout of Bible for each child Bowl of water, vegetable oil with perfume, a loaf of bread Copies of the Our Father Copies of the Gathering song 	Lord's Prayer, 1 for every child and parent, page 19 Song; prayers, page 62
2 I Prepare for Confirmation	<ul style="list-style-type: none"> recognize that we celebrate God's love for us with signs we can touch, see, and smell. explore the signs of the Sacraments of Initiation: Baptism, Confirmation, and Eucharist. explore what wind and fire tell us about the Holy Spirit. recognize how the Holy Spirit acts in the lives of God's people. celebrate how the Holy Spirit fills and creates the Church. Sacraments of Initiation 	John 14:15-17, 23-26 Acts 1:12-15, 2:1-38	Work on Session # 2 <ul style="list-style-type: none"> Help your child recognize the feelings of others. Review the Gifts of the Spirit Family Time poster (reflect on #2—Spirit of Understanding). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Bowl of water, vegetable oil with perfume, a loaf of bread battery-operated candle 	Holy Spirit Pinwheel, page 25; Song
3 What Happens in Confirmation?	<ul style="list-style-type: none"> investigate the meaning of the sacramental sign of oil. discover and appreciate how Confirmation lets them share the same Holy Spirit that filled Jesus and his followers. identify how and where the Holy Spirit acts in them and in our world. discover what happens in Confirmation. celebrate their desire for Confirmation and the Gifts of the Holy Spirit. Confirmation rite 	Review every part of the Order of Confirmation and what is essential about it.	Work on Session # 3 <ul style="list-style-type: none"> Share experiences of making a hard choice. Review the Gifts of the Spirit Family Time poster (reflect on #3—Spirit of Counsel or Right Judgment). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Oils and lotions Gears that need oil Things children can smell Mixing bowl, flour, chocolate chips, mixing spoon, vegetable oil oil, paint brushes, hangers or dowels, tape or glue, and thread or narrow ribbon 	Holy Spirit Window, page 31; Song
4 Our Community Remembers Jesus	<ul style="list-style-type: none"> explore seasons where we celebrate: Jesus' birth. explore stories and seasons related to Jesus' Last Supper, Death, Resurrection (Paschal Mystery). recognize that we celebrate Jesus' Resurrection every Sunday. recognize that they belong to a community that listens to stories about Jesus in the Mass. Mass Rites: Liturgy of the Word 	John 6:47-68	Work on Session # 4 <ul style="list-style-type: none"> Remember special celebrations in the family: Christmas, Advent candles, Ash Wednesday, Good Friday, Easter eggs. What things at home remind us of Jesus? Review the Gifts of the Spirit Family Time poster (reflect on #4—Spirit of Fortitude or Courage). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Bible Decorations of Christmas Advent Wreath Paschal Candle or any candle Clothes of the following colors: White, Red, Green, Purple 	Liturgy of the Word, page 37; Song

SESSION	OBJECTIVES (The children will:)	READINGS	FAMILY ACTIVITY	SYMBOLS & MATERIALS	HANDOUTS
5 Jesus Gathers People Together	<ul style="list-style-type: none"> listen, explore, tell, and dramatize how eating with Jesus changed Zacchaeus. dramatize the story of Jesus multiplying five loaves and two fishes to feed 5000 people. appreciate eating together as a time of remembering and sharing. Liturgy of the Word 	Luke 19: 1-10 Mark 6:30-44	Work on Session # 5 <ul style="list-style-type: none"> Reflect on ways we gather people together. Who invites me to pray? How do we invite others to pray? Review the Gifts of the Spirit Family Time poster (reflect on #5—Spirit of Knowledge). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Bible Loaves of Bread Break and Share Bring food for the poor (suggested idea) 	Thanking God for Bread and Wine, page 43; Song
6 Jesus' Special Supper	<ul style="list-style-type: none"> remember ways we celebrate special days. identify bread and wine as ways to remember Jesus' special supper. compare the Last Supper with family meals. participate in telling the story of Last Supper. remember Jesus' Last Supper when we celebrate the Eucharist. participate in the bread Prayer Ritual. Liturgy of Eucharist 	Mark 14:1-2, 12-26, 43 Luke: 22-19	Work on Session # 6 <ul style="list-style-type: none"> Reflect on the importance of the Celebration of the Eucharist. Follow the activity for parents in Lesson 6. Bake the bread. Pray the blessing. Review the Gifts of the Spirit Family Time poster (reflect on #6—Spirit of Piety or Reverence). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Bible Bread Grape juice 	Sharing Bread, page 49; Song
7 Our Community Shares a Meal	<ul style="list-style-type: none"> recognize that they belong to the Church. name and explore parts of the Liturgy of the Eucharist. recognize that we remember Jesus Last Supper at every Mass. recognize the <i>Epiclesis</i> and Transubstantiation. participate in a tour the church. Liturgy of the Eucharist and Rite of Sending 	John 20:6: 47- 58	Work on Session # 7 <ul style="list-style-type: none"> Make sure your child understand that Jesus loves us and gave his life for us. Jesus shares life with us in the Eucharist. We are the Body of Christ. Review the Gifts of the Spirit Family Time poster (reflect on #7—Spirit of the Fear of the Lord or Wonder and Awe). Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Bible Table with white tablecloth Grape juice Unconsecrated hosts Crucifix Pens and Hearts 	Our Parish Church, page 55; Hearts on Lesson 7, ready to fill out; Song; Order of Mass
8 My First Eucharist Book	<ul style="list-style-type: none"> review the previous seven lessons. make a First Eucharist booklet. name the community where they will gather to celebrate. (Name of Parish) renew their baptismal promises. recognize that we pray for all people during Mass. review every part of the Liturgy of Eucharist and what is essential about it. 	Review every part of the Liturgy of Eucharist and what is essential about it.	Work on Session # 8 <ul style="list-style-type: none"> Prayers the children need to know: <ul style="list-style-type: none"> Our Father Hail Mary Glory be to the Father Creed <i>Anima Christi</i> Review the Seven Gifts of the Holy Spirit. If you have not completed the Family Blessing Chain, do it now. Read the prayer with your child. Together, pray the Our Father and Hail Mary. 	<ul style="list-style-type: none"> Pens 	Print out prayers, page 62; Given on First Session