

#### Closing Prayer

## Adapted from "Open Us Up To Life!" by Frédéric Fomos, S.J.

Father, you are the source of love, and I thank you because, through Jesus Christ, you reveal the path of life.

When I hear about Jesus walking the roads of Galilee, in his loving presence with those whom he encounters, in his way of listening, looking, and touching, as well as his presence here right now gathered with one another, I discover the path of humanity.

When I listen to your Word woven into my daily life, hear the voices of other people, and spend quiet time in nature, I discover your Son, who welcomes us all to life in the Spirit.

Jesus Christ, my brother and my friend, you reveal

to me that God meets me at the heart of my humanity.

In my relationships with others and with the world, you allow me to discern the Spirit that opens me up to life. All that I am-imagination, intelligence, emotions, body, and soul- is a path of encounter with you.

# esus, Our Living Bread

## Children's First Communion Retreat

### Opening Prayer

#### Sign of the Cross

We give glory to our God, the one who works miracles. He is here with us, now and forever. Let's praise our Lord; his power is mighty. He is the one who created us and who gave us life. Amen.

#### Activities

Activity 1 – What Does Sunday Mean to Me?

Activity 2 – Reader's Theater: The True Bread from Heaven

Activity 3 – When I go to Mass, I See...

#### Children's First Communion Retreat

**Child Booklet** 

### ON THIS JOURNEY, I'VE LEARNED THAT THE EUCHARIST IS...

**BEFORE:** Circle the way(s) you were feeling before our retreat.

Giving Thanks to God for

This Time Together







I feel closer to Jesus.







I'm dragging my feet.

I don't understand.





I don't have a choice.



This is nice!



I have a lot to think about.

worried. I'm

AFTER: Put a box around the way(s) you feel now near the end of our retreat.

