



Invited by Christ

Preparing for First Reconciliation and First Eucharist

WITH MY FAMILY

STEP 1 Called by God

Discuss

Talk with your child about why he or she wants to prepare for the Sacrament of the Eucharist. Write down your child's response on a piece of paper, and place it somewhere where your child can see it daily.

STEP 2 One Body in Christ

Discuss

With your child, identify words from the list that express what he or she is experiencing while preparing to receive the Eucharist. Next, select the words that describe what you share as a family. Give some specific examples to explain the words you have chosen. Then, select one or two that you would like to focus on in your family life. Ask the Holy Spirit for the strength to keep this promise.

STEP 3 Living in God's Covenant

Discuss

As a family, select a Gospel passage that you especially love. Have each family member take a turn reading the Gospel story you chose. Explain why you picked this passage and why it is important.

GOSPEL PASSAGE:

WHY OUR FAMILY PICKED THIS PASSAGE:



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STEP 4 Forgiveness—A Story of Love Celebration of First Reconciliation

Discuss

Talk about forgiveness in your family: What signs or words can you choose together to express forgiveness? What resolutions can you make to avoid hurting others and to live in love?

STEP 5 Invited to the Banquet

Discuss

Ask your parents or godparents what they remember about the day they celebrated their First Eucharist. Write their memories on the lines below.

STEP 6 At the Lord's Table Celebration of First Eucharist

Pray

As your First Holy Communion day approaches, pray this prayer as a family.

STEP 7 Entering into the Mysteries

Discuss

Think of the words you have heard in the Prayer after Communion, near the end of Mass. Write down the words that have the most meaning to you.
