

# TOTALLY LENT!



A CHILD'S  
JOURNEY TO  
EASTER 2021

For Primary Grades



# On my journey with Jesus I was blessed with ashes.



**Jesus  
said**

**"When you pray, fast, or do good works, do not show off to others. My Father who is in secret will see you and reward you." (6:16-18)**

Today is the first day of Lent. It is the first day of your walk with Jesus. Did you get ashes on your forehead today? The ashes for Ash Wednesday come from burned palm branches. The priest blesses the ashes with holy water. Today, many Catholics have ashes put on their foreheads in the sign of a cross. A cross reminds us that Jesus died. Ashes remind us that someday we will die, too. If you walk with Jesus every day, you will live with God forever.

**Fill in the missing vowels in each word below.**

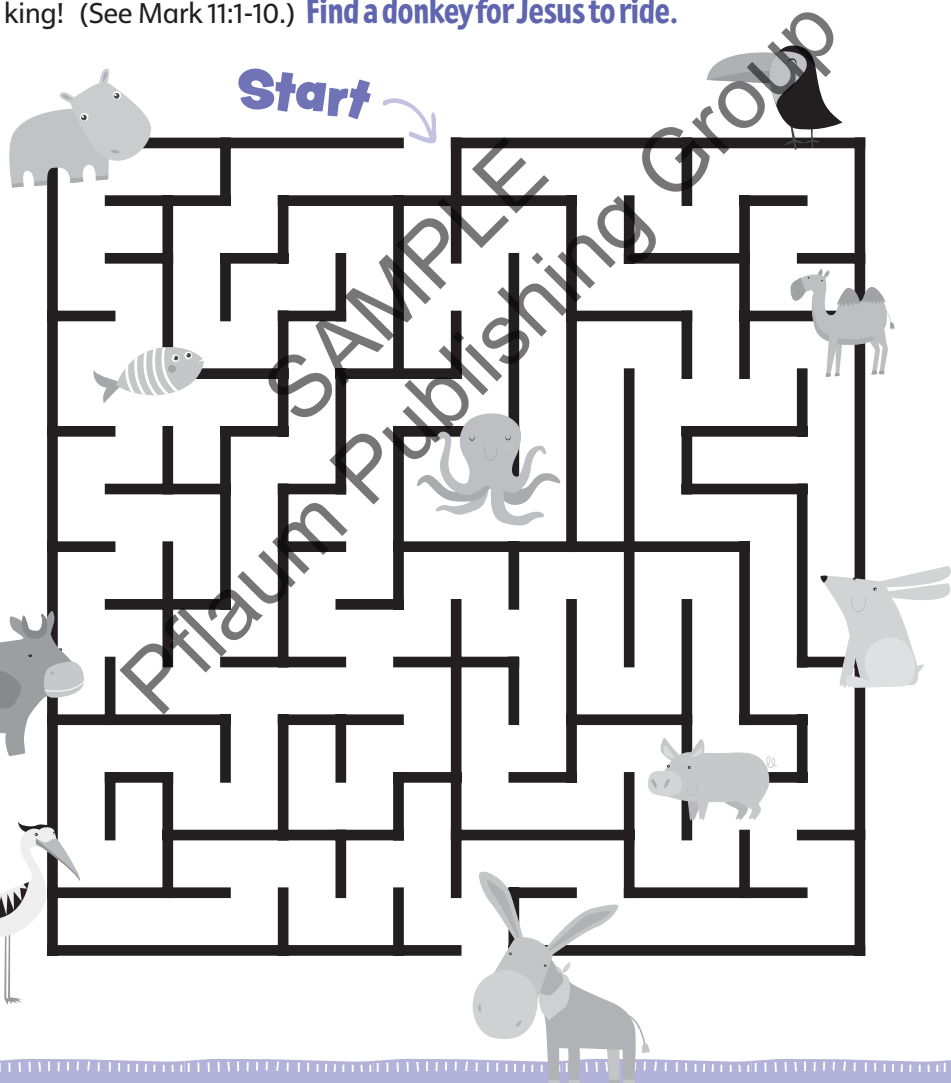
You will have a prayer to say for this first day of Lent.

L \_ rd J \_ s \_ s, d \_ r \_ ng th \_ s \_ d \_ ys  
\_ f L \_ nt, I pr \_ m \_ s \_ t \_ l \_ st \_ n \_ t \_  
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# Let's Talk about...

# DONKEYS

One day, Jesus said, "Bring a young donkey to me." His friends hurried off and found a donkey. That day Jesus rode the donkey into the great city of Jerusalem. The people stood along the street. They shouted "Hosanna." They waved branches from the palm trees. The people treated Jesus like a king! (See Mark 11:1-10.) **Find a donkey for Jesus to ride.**



## On my journey with Jesus I heard a good story.



**Jesus  
said**

**"Just as Jonah became a sign to the people of Nineveh, so the Son of Man will be to all of you." (11:30)**

God asked Jonah to take a message to the people who lived in Nineveh. Jonah didn't want to go there. He was afraid. So he ran the other way! That's when the big fish swallowed Jonah and took him to Nineveh, where Jonah finally did what God asked him to do.

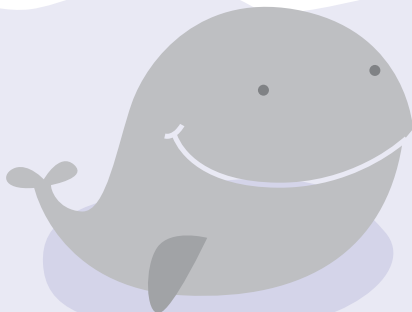
Where does God want you to go today? Wherever you go, God wants you to tell people how much God loves them—as God had Jonah do in Nineveh. Do you know how to do that? Treat everyone with God's kind of love.

Where are you going today? School? The dentist? A music lesson? After-school care? **Write one way you can be a sign of God's love wherever you go today.**

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God told Jonah to go to Nineveh. **Go, Jonah, go!**

Jonah decided to run away. **No, Jonah, no!**

A whale took Jonah to Nineveh. **Oh, Jonah, oh!**

Jonah told the people to listen to God.

**Way to go, Jonah! Way to go!**

## On my journey with Jesus I learned to say “I’m sorry.”



**Jesus  
said**

**“First, make up with your brother  
or sister, and then come and offer  
your gift at the altar.” (5:24)**

Do you ever get angry at someone? Remember what Jesus said and be sure to make up with that person. Think of some ways to spread love instead of anger. On each finger of this hand, write a kind thing you will do for someone, such as fold laundry, carry groceries, or play with the baby.

## You can also use your hand to pray for others.

**Your thumb** is closest to you.

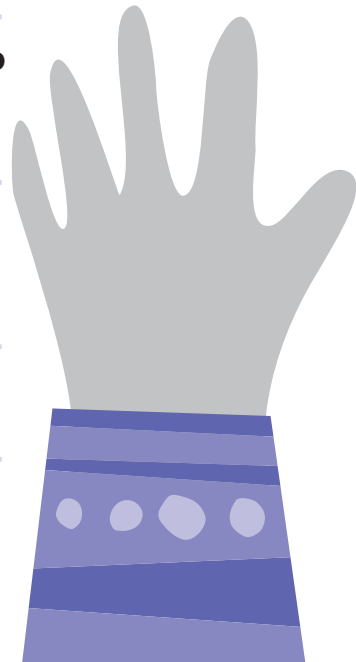
**Pray for people who are closest to you.**

On **your pointer finger**, pray for people who show you the way—your teacher, coach, or priest. Who else?

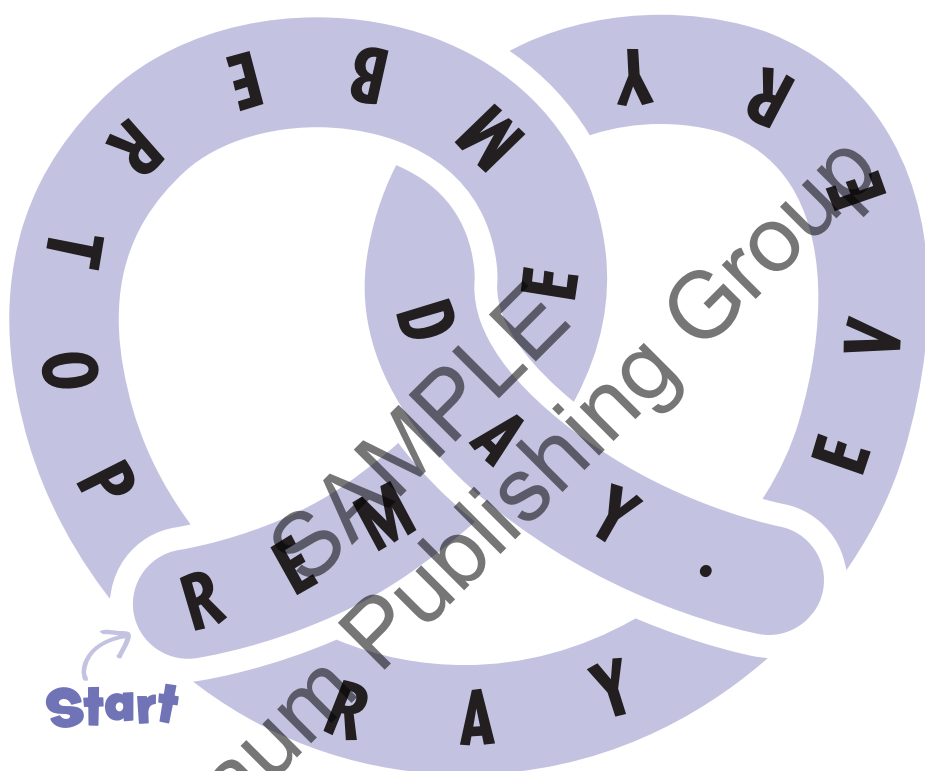
On **your tallest finger**, pray for leaders, like the pope, the president, and your principal.

On **your ring finger**, pray for people you know who are sick, or sad, or in trouble.

On **your little finger**, pray for yourself.



Follow the pretzel path. You will find an important reminder. Be careful not to get on the wrong track.



Write the reminder here.

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